

# PUBLIC SUBMISSION

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**Docket:** EBSA-2009-0010

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

**Comment On:** EBSA-2009-0010-0001

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

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## General Comment

The current regulations under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 do not assure parity for mental health coverage.

I have received favorable reports from trustworthy sources about treatment with EEG biofeedback or neurofeedback to help with trauma and other conditions. But these services are not covered by most conventional health insurance plans, despite significant research showing that neurofeedback may be effective in some cases.

For the above reasons, I believe that neurofeedback should be a covered service. There is more research showing that neurofeedback is effective than many medical and surgical services that are routinely covered by insurers. That is not parity, and should be corrected.

Sincerely,

Alix Sundquist